

# HELD

*Through Grief by Grace*

A new 8-week educational series for adults who are experiencing grief due to the loss of a loved one through death.

Begins Feb.  
6th

From  
6 pm - 8 pm

523 N. Duluth  
Ave.

Each week will include engaging presentations, prayer and small group discussion with others who have experienced a similar loss.

The Lourdes Center

REGISTER BY EMAIL | [TLC@SFCATHOLIC.ORG](mailto:TLC@SFCATHOLIC.ORG)