

SUMMER **Grief** *SERIES*

This is a time to gather with others who understand grief and find healthy ways to express sorrow through prayer, art and healthy habits.

*JULY 12 - EXPRESSING GRIEF THROUGH ART
WITH JEANNE AMMON*

*JULY 19 - FINDING CALM IN THE STORM
WITH SUSAN WEAVER*

*JULY 26 - WELLNESS IN GRIEF
WITH COURTNEY DEBOER*

*Tuesday Evenings, 6pm-8pm
523 N. Duluth Ave, Sioux Falls
To register, email TLC@sfcatholic.org
Free will offering*



THE LOURDES CENTER