

Catholic Family Services



Janell Christenson
APRN-BC, LAC, QMHP
Mental Health Counselor

***Office in Sioux Falls, SD**

Janell Christenson has been an advanced practice nurse in psychiatric-mental health nursing for the past 35 years, working as a therapist, clinical educator and expert in the field. She holds additional licenses as a Licensed Addiction Counselor (LAC), a Certified Grief Counselor and is a Qualified Mental Health Professional (QMHP) in the state of South Dakota as well as a trauma professional.

During 40 years of nursing experience, she has worked as a staff nurse, director of nursing in a nursing home, therapist, suicide prevention coordinator and, most recently, as the Local Recovery Coordinator at the Sioux Falls VA Medical Center where she works with seriously mentally ill Veterans and with those with serious addictions.

Janell's chief clinical focus is to work with grief and loss and how loss impacts the health of people. She does individual, group and family work with those who have experienced complicated grief situations and also facilitates a variety of groups for the bereaved.

Janell is married to the Rev. David Christenson, and is the mother of two grown daughters--both Social Workers. Janell is originally from Minnesota, and cherishes time at the lake, doing Hardanger Embroidery, nurturing her flowers, baking as well as helping her husband with his ministry.

Areas of specialization:

Individual, Couple, Family

Grief Counseling

Addiction Counseling

Anxiety

Depression

- **Some insurances accepted**
- **Sliding Fee Scale available**
- **Accepting Employee Assistance Program Referrals (EAP)**

****To see if you have an EAP, contact your Human Resources Department**

**To schedule an appointment call:
(605)988-3775 or
(800)700-7867**