



# THE BISHOP'S BULLETIN

DISCIPLESHIP &  
**VOLUNTEERING**  
WORK TOGETHER TO BUILD  
THE FAMILY OF GOD

*MISSIONARY DISCIPLESHIP*

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**FARFAN**  
BROTHER BRYAN  
**ESQUIVIAS**

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SUPPORTING THE  
**MENTAL HEALTH**  
OF OUR YOUTH

*NEXT GENERATION CATHOLIC*

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Our Lady of Lourdes  
**INSPIRES**  
a healing ministry



# Human and spiritual flourishing during Lent



**Bishop Donald E. DeGrood**  
Ninth Bishop of the Diocese  
of Sioux Falls

**A**s a kid, I had a lot to learn about how my mind, emotions, body, soul and spirit interrelate for full human and spiritual flourishing. Perhaps like you, it was a lot of trial and error and a lot of help from others and God to get to good human and spiritual flourishing with ups and downs, one step forward, and sometimes two steps backward.

Full flourishing requires experientially two things: knowing we are unconditionally loved by God and receiving that love. This enables us to rise above our many weaknesses and even sins through God’s loving mercy for us. It also requires an experiential understanding that we are completely dependent upon him for everything.

In sacred Scripture, we hear Jesus say, “Without me you can do nothing” (John 15:5). A very simple acknowledgement of our absolute dependence upon God and his unconditional love for us opens wide the doors of our heart, mind, and will to discover each day how we can flourish through God’s daily help for full flourishing.

The deep desire we each have for full integration of mind, body and spirit is only a reflection of the intense desire God has for that very same thing because he loves us even more than we can possibly love ourselves.

We struggle as humans to fully love ourselves and be completely dependent upon God because we have disordered desires and limits but a strong

desire to be self-sufficient. This can be observed from early on when toddlers become strong willed and love the words “no” and “mine.” They go headlong into adventures that can be harmful for them without understanding the consequences of such choices.

Full human and spiritual flourishing requires that our desires (sometimes called passions or emotions) be governed by reason (to ensure we do what is prudent), enlightened by faith (that which God has revealed in Scripture and Tradition as fulfilled in Jesus) and motivated by love (charity, which seeks the good of God, others and ourselves as God loves us).

As we make our way through Lent, I hope the insights offered in this month’s Bishop’s Bulletin will help you imagine how taking your next steps in being healthy in mind and body will help you to also spiritually flourish. When our mind, emotions and body are healthy, we are then more disposed and more free to receive God’s spiritual help (his grace).

That is why the Church asks us to practice the disciplines of prayer, fasting and almsgiving so we become more free from the pleasures of our mind and body. We are then more free to receive, desire and strive for the greatest of all things as St. Paul says: “Strive eagerly for the greatest spiritual gifts” (1 Cor. 12:31).

Know of my prayers this Lent for full human and spiritual flourishing.

## March

- 1-2 Seminary visits
- 5 10:00 Confirmation Ss. Peter and Paul, Dimock, Sacred Heart, Parkston, at Ss. Peter and Paul, Dimock
- 4:00 Stational Mass, Cathedral of Saint Joseph\*
- 6 11:00 Confirmation, Cathedral of Saint Joseph
- 1:30 Rite of Election for RCIA Candidates, Cathedral of Saint Joseph
- 10 6:45 Morning Lenten presentation to Sioux Falls Men's Group, Holy Spirit Parish, Sioux Falls
- 12 10:00 Confirmation, Our Lady of Guadalupe, Sioux Falls
- 4:00 Stational Mass, Cathedral of Saint Joseph\*
- 13 1:30 Confirmation, St. Dominic, Canton, St. Magdalen, Lennox, St. Christina, Parker, St. Nicholas, Tea, St. John Paul II, Harrisburg, at Cathedral of Saint Joseph
- 15-16 Mitchell Deanery travel
- 16 7:00 Confirmation, St. George, Hartford, St. Ann, Humboldt, at St. George, Hartford
- 17 11:00 Priest Council meeting, Catholic Pastoral Center
- 19 4:00 Stational Mass, Cathedral of Saint Joseph\*
- 26 10:00 Confirmation, St. Peter, Sisseton, St. Kateri Tekakwitha, Sisseton, St. John the Baptist, Rosholt, at St. Peter, Sisseton
- 4:00 Confirmation, Sacred Heart, Eden, St. Joseph, Grenville, at Sacred Heart, Eden
- 27 11:00 Confirmation, Blessed Sacrament, Florence, St. Michael, Clark, St. Henry, Henry, at Blessed Sacrament, Florence
- 2:30 Confirmation, Holy Name, Watertown, Immaculate Conception, Watertown, St. Lawrence, Milbank, at Holy Name, Watertown
- 30 12:00 Diocesan Finance Council, Catholic Pastoral Center
- 31 11:00 Chrism Mass, Cathedral of Saint Joseph

## April

- 2 4:00 Stational Mass, Cathedral of Saint Joseph\*
- 5:30 4th Degree Knights of Columbus Dinner, Cathedral of Saint Joseph
- 8:00 Bishop O'Gorman Catholic Schools Extravaganza, Meadow Barn, Harrisburg

\*Broadcast on Keloland TV or live stream via [sf catholic.org](http://sf catholic.org)

# PRAYER FOR A FRUITFUL *Lent*

My precious and crucified Lord, I offer You this Lent.

I offer it to You with total abandonment and trust.

I offer You my prayers, sacrifices and my very life this day.

Do with me, Lord, as You will.

I pray that this Lent will be fruitful.

I know You have much to say to me and much to do in my life.

May this lent be a time through which Your mercy is poured in abundance into my soul, and into the souls of all Your faithful.

Dearest Lord, help me to especially see my sin, this Lent.

Humble me so that I may see clearly.

Give me courage and strength to confess my sins, and to turn from them with all my heart.

Enlighten me with Your Holy Word, dear Lord.

Help me to come to know You and to deepen the gift of faith in my life.

Show me the plan You have for me, and place my feet upon the path You have chosen.

My suffering Lord, I thank You for the fullness of Your perfect Sacrifice.

I thank You for holding nothing back, giving Your life to the last drop of blood.

May I offer You my very life as a sacrifice, trusting in Your mercy with every offering.

Keep me faithful to my Lenten promises, and bring forth new life through these sacrifices of love.

Strengthen my prayer and make me holy.

Help me to turn to You, each day, seeking Your sacred and pierced Heart.

Blessed Mother, you stood by your Son in His suffering and death, stand by me, I pray, as I journey through this life.

Pray for me and offer me to Your Son, that He may take me into His loving embrace.

Lord, Jesus, Son of the Living God, have mercy on me a sinner.

Lord, Jesus, Son of the Living God, have mercy on me a sinner.

Lord, Jesus, Son of the Living God, have mercy on me a sinner.

Mother Mary, Mother of our Crucified Lord, pray for us who have recourse to thee.

Amen

(prayer courtesy of [mycatholic.life](http://mycatholic.life))

## THE BISHOP'S BULLETIN

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# DISCIPLESHIP & VOLUNTEERING

work together to build  
the family of God

What is the difference between a volunteer and a disciple? Can a person be both a volunteer and a disciple? Does discipleship require volunteering?

God desires both volunteering and discipleship from us. When we understand the differences, we can begin to understand and embrace that discipleship is the next step on the road to holiness—a road we travel with God’s grace to help us.

## WHAT’S THE DIFFERENCE?

It might be surprising to learn that many of us serve at a volunteer level more often than a discipleship level. While there’s nothing wrong with that, our Church and world need more from us. Anyone can be a volunteer and give some of their time, but discipleship goes much deeper.

The main distinction between a volunteer and a disciple is the driving force behind their actions: why are they doing it? Many times we volunteer under a sense of obligation because we know we should and choose to do so when we want to. When we disciple, we choose to serve God whenever he puts the opportunity in front of us. It becomes an action based on his time, not ours.

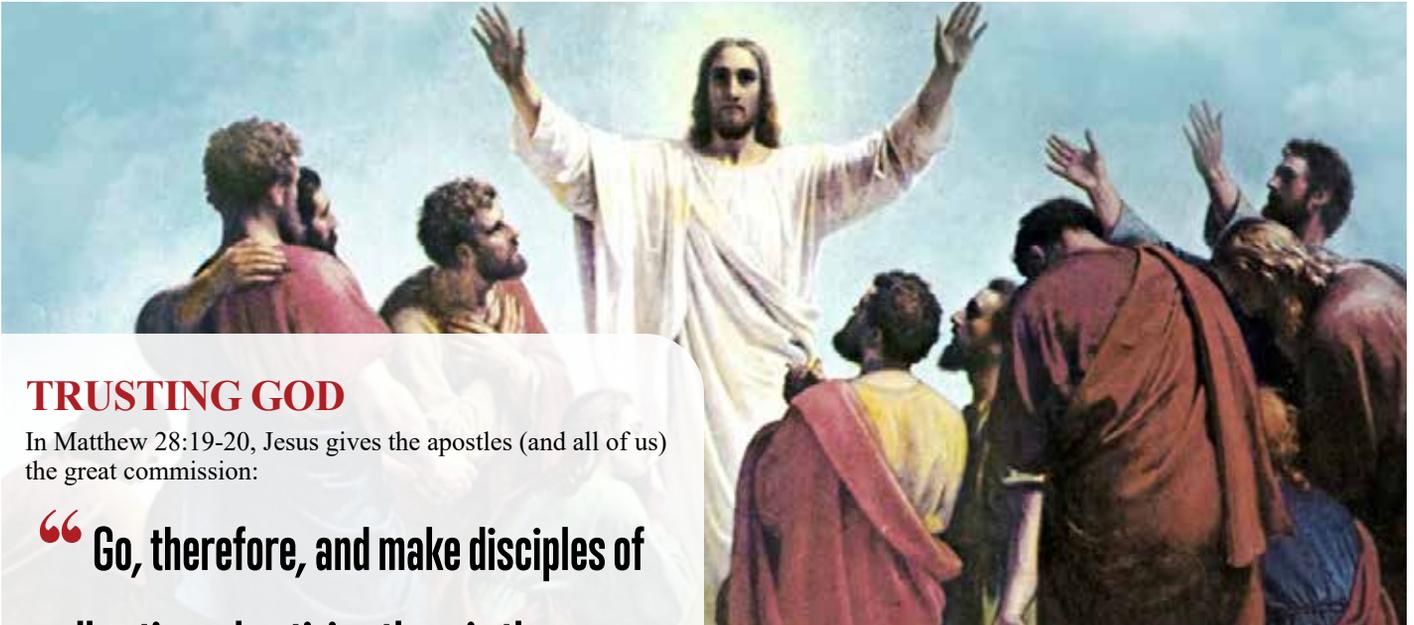
Discipleship is a way of life, a way of centering ourselves on God and others at all times. It can also mean walking with another person through the ups and downs of their journey and taking the time to develop a relationship with them.

A disciple’s actions are motivated by their love for God and desire to bring others closer to him. When a disciple meets a person who needs someone to walk with them on their journey to heaven, they joyfully and humbly choose to step into that role—it becomes a moment of self-giving where the disciple knows this could be a commitment longer than just an hour.

On the other hand, a volunteer is usually someone serving for a finite (usually shorter) amount of time. They might have good intentions, but without also being a disciple, more selfish or earthly desires *may* accompany their actions. The focus of the action may inadvertently go to themselves in a “look what I’m doing” sort of way. It’s a very human downfall anyone can find themselves in.

“People can volunteer for all sorts of reasons,” notes Dr. Chris Burgwald, director of discipleship formation for the diocese, “and we can sometimes become focused on the attention or recognition the work brings.”

Does that mean we shouldn’t volunteer? Absolutely not. Volunteering as an action does tend to be a major part of our lives as disciples. It’s a matter of aligning our intentions with those of God’s and listening to his promptings. Being a disciple is taking volunteerism to the next level—the level of pursuing holiness and pointing others to God.



## TRUSTING GOD

In Matthew 28:19-20, Jesus gives the apostles (and all of us) the great commission:

**“Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the holy Spirit, teaching them to observe all that I have commanded you.”**

It’s important to understand what Jesus is asking of us here. He is not telling us to merely go out and volunteer two hours a week. He wants us to go out and spread the Good News.

“Jesus wants us to draw close to him, to enter into relationship with him, and to help others do the same,” Dr. Burgwald says. “While there are ways in which this can look like volunteering, it’s far more than that: it’s a response to his call and invitation.”

Many of us struggle with the idea of discipleship, but why? Ultimately it comes down to a lack of trust in our Lord, his plan for us, and how we fit into his plan for others. We like to feel like we have control over our time. And we like our comfort. Discipleship is not always as comfortable or easy as volunteering.

Dr. Burgwald says this is because of our desire for control. “When we volunteer, we are the one in charge. But when we follow Jesus as his disciple, we relinquish control (or try to!) and recognize him as the one in charge, as our Lord.”

## SERVE WITH YOUR GIFTS

Typically, the way in which we serve as disciples will correlate to the gifts God has given us. You may hear gifts also referred to as *charisms*, and we all have at least one. If you are struggling to see how your gifts can be used as a disciple, Dr. Burgwald suggests talking with “those people in your life who know the spiritual life...who can speak into it,” and into your

situation. That may be your spiritual director or a trusted friend, someone who knows your strengths and weaknesses.

Discipleship also doesn’t necessarily mean working in a ministry capacity. That means you don’t need to be a lector or a youth director or a priest in order to practice discipleship. Those are all great ways to give your time and talents to the Lord, but not everyone is called to serve in that capacity. A parishioner may serve on the Respect Life committee as a ministerial form of discipleship, and another parishioner may go pray at Planned Parenthood on their own as their act of discipleship. Both are essential parts of the Body of Christ.

Dr. Burgwald recalls an analogy for how we all are called to serve in the Church. God has a vineyard that he calls us all to tend, and “we’ve [each] got a plot in the vineyard... We should not worry about what other people’s plots look like.” The way you tend to your plot will probably look different than the plot of another, as will the plot itself.

Within the Lord’s vineyard, some plots may not be in the parish at all. Discipleship might actually take the form of an occupation, or serving the community as a whole. Or it might be as seemingly small as walking with a sibling through a difficult time in their lives that threatens to pull them away from God.

## A WAY OF LIFE

Jesus wants us to lead happy, healthy, holy lives. Discipleship is our calling that allows us to lead that kind of life; it is a way of life that will always lead us down the path of holiness. Volunteering as a part of our journey of discipleship is a way to exercise our souls, helping us to become happy, healthy and holy.

Discipleship may seem like just another thing to add to our plates, another task to complete amongst the busyness of life, but it’s really a *way of life*. Dr. Burgwald points out, there is nothing God will ask of us that we can’t do “by his grace.” God will give us everything we need, so long as we are doing it for him.



# THE LOURDES CENTER

A CATHOLIC APPROACH TO HUMAN FLOURISHING

## Our Lady of Lourdes INSPIRES a healing ministry

*By Josie Bopp*

For 60 years, Catholic Family Services has been a place to find hope in the Diocese of Sioux Falls, providing a range of services from social outreach to adoption to family support and mental health services. On February 11, the feast day of Our Lady of Lourdes, Catholic Family Services was officially renamed The Lourdes Center. Its aim is to offer a Catholic approach to human flourishing.

### CLARIFYING THE MISSION

Executive Director Emily Leedom says the rich legacy of Catholic Family Services has always centered around supporting people on the journey of life, with a strong mental health presence and work in the adoption field. With such a wide variety of offerings, Emily noticed there was some confusion about who Catholic Family Services was and what the main mission was.

“When I came on in 2020, one of my key desires was to press upon the Lord for clarity regarding the direction he wanted to take us,” Emily said.

Board member and O’Gorman Junior High principal, Wade Charron, says the process of change has centered on honoring

the legacy of Catholic Family Services (CFS) while also recognizing the needs of the day.

“The collaborative efforts between Emily and her team, along with our board, were an intentional and deliberative process,” Wade said. “We spent a great deal of time studying the history and overall mission of CFS in contemplating a possible change, and in doing so, all of us gained an even deeper appreciation of all the people who have made CFS what it is.”

One of the larger areas of discernment was the history of adoption at CFS. With the changing landscape of adoption over the last decade or so and changing social factors, like more mothers choosing to parent and the increase in grandparent support, Emily says the agency was doing fewer and fewer placements.

“Through an invitation to trust, we handed that over to the Lord and closed the program here by partnering with Catholic Social Services in Rapid City to expand the pool of potential placements, which for us opened up some space to continue to get clarity about who we are,” she said.

After prayer and discernment with Bishop DeGrood and the board that oversees CFS, Emily says going forward, The Lourdes Center



is really focusing on supporting the people in the pews across the diocese with healing ministry, whether that's one-on-one counseling, education, retreats or group programming.

"That's the need that we're seeing for people of faith who are on the journey of discipleship with Christ, but who need that additional support to tend to their humanity," Emily said.

Board member Ashley Gentrup, an optometrist in Sioux Falls who has been on the board for six years, says the discernment process also included the arrival of Bishop DeGrood and his vision for the diocese of *Lifelong Catholic Missionary Discipleship Through God's Love*.

"We began to reevaluate, 'What is Catholic Family Services and how do we best honor and carry out this new mission of the diocese?'" Ashley said. "That prompted a pause to look at who we are, what we are, and what we need to do to better define that."

## HUMAN FLOURISHING

Although this time in history is particular and unique to the human experience, Emily says the underlying needs of the human person have been consistent throughout history. Everyone can

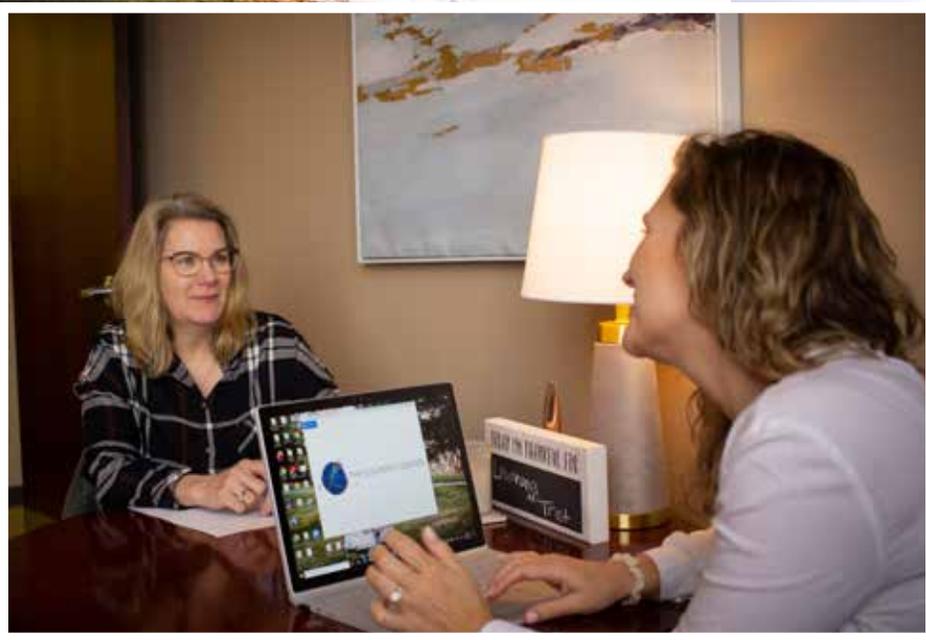
point to moments of rupture in the journey of life where there may be a need for healing of mind, body and spirit. The Lourdes Center focuses on that aspect of human formation and wellness.

"Our desire is to support the people in our pews in that area of human formation so that as they continue to journey as disciples, they can be effective bridges to Christ by tending to their humanity," Emily said. "This means being healthy in mind, body and spirit."

The modern experience of life filled with incessant busyness, a lack of silence, and constant distractibility is causing immense suffering in people, Emily says. Without engaging in the areas of difficulty or discomfort in us, she says we can become like a hamster on a wheel, constantly running but failing to become an integrated, whole person.

"Our desire at The Lourdes Center is to walk with people and be with them, to let them know that they're not alone, that there's nothing wrong with them, and to help accompany them to a restoration of peace," Emily said.

In recalling the passage from the fifth chapter of John's Gospel in which Jesus asks a man, "Do you want to be well?", Emily



says this profound question from Jesus is for all of us and leads us to ask, “What areas in my life are not well?”

Another critical question needs to be asked: “Why does emotional healing and human flourishing matter?” Jesus answers when he tells of his promise for life and life to the full.

“Healing and flourishing allows us to experience the unbelievable joy, the incredible adventure of life with Christ,” Emily said, “one that is most surely not without suffering, but one of immense joy.”

Oftentimes, people think of healing and services like counseling as something that’s only for those who are “really struggling,” Emily says. “We all have a journey and a story and broken places in our hearts that need tending to, and that’s what we do here.”

ment to excellence in the integration of a Catholic vision of the human person with the psychological and social sciences.

“The Catholic identity really speaks to the spirit of the person, the soul of the person, in the healing process, in addition to the mind, the emotions, and their overall humanity,” she said.

In taking the name “Lourdes,” the agency is also harking to the story of Our Lady of Lourdes, in which our Blessed Mother appeared in France to a young girl, Saint Bernadette Soubirous, beginning on February 11, 1858. Over the course of several apparitions of Our Lady to Saint Bernadette, the Blessed Mother asked her to dig in the ground and revealed a clear spring of water that still flows to this day and has been attributed to many miraculous healings. Today, the grotto at Lourdes serves as the premier healing shrine in the world.

“When we’re hurting, we run to our mom,” Ashley said. “Having that ability to draw people into the arms of our Mother, who will then bring us closer to our Lord, is just absolutely beautiful.”

Wade echoes this and says the story of Lourdes is synonymous with hope and redemption, a particularly Catholic part of our story.

“We want The Lourdes Center, in both name and services, to be able to offer people in all walks of life the hope for healing,” he said.

## CATHOLIC AND MARIAN

With the name change to The Lourdes Center, the agency hopes to highlight two critical aspects of its work and identity: richly Catholic and profoundly Marian. Emily says the Catholic identity means recognizing that the human person is created in the image and likeness of God, and that we are fallen and redeemed and fulfilled in our vocations.

“God uses the very makings of who we are to make himself known—his grace builds on our very nature,” Emily said. “So much of what we’re trying to do is educate and orient people and encourage them in their humanity.”

Ashley says the Catholic identity of The Lourdes Center is crucial to the mission. In the process of discernment over the past 18 months or so, she says hearing the stories of what people are dealing with and the healing they’ve received helped the board to really dig into the Catholic nature of the mission. While there are many agencies and even faith-based agencies across the diocese, Ashley says The Lourdes Center is set apart by its commit-



## THE LOURDES CENTER

A CATHOLIC APPROACH TO HUMAN FLOURISHING

The Lourdes Center offers these services:

### Counseling Services

- 1-on-1
- Couples
- Families

### Grief and Loss Support

- GriefShare
- Camp Sydney
- Summer Series
- Holiday Grief

### Healing and Wholeness

- Book Studies
- Wellness
- Natural Family Planning

### Education and Presentations

Please call us at 605-988-3775  
or 800-700-7867 or visit our  
website

[thelourdescenter.com](http://thelourdescenter.com)

## HEALING AND HOPE

Emily, Ashley and Wade hold great hope and excitement for the future of The Lourdes Center and for helping the people of the diocese receive from the services offered.

“Catholic Family Services has a really rich history of doing many different things for the Church,” Ashley said. “We wanted to get back to the root of that.”

Wade says so much prayer and effort has gone into this move to get The Lourdes Center’s services out to the entire community. With the exponential growth over the last two years, The Lourdes Center is continuing to grow its team across the diocese.

“It’s a service that has always been there but hasn’t always been known,” Wade said. “With a really keen eye on the vision and mission, I think more people will now be aware of it than ever before.”

Emily marvels in gratitude for the legacy of Catholic Family Services and stands in awe of what God is doing today at The Lourdes Center.

“A healthy society is made of healthy people and healthy families,” Emily says. “We’re aiming to change our little corner of the world by connecting the hearts of people to the tender, loving and healing hand of God in the service of human flourishing.”

# What happened during Jesus' missing years?



*Why is there nothing in the Bible about Jesus' life from when he was 12 to 30 years old? That's 18 years!*



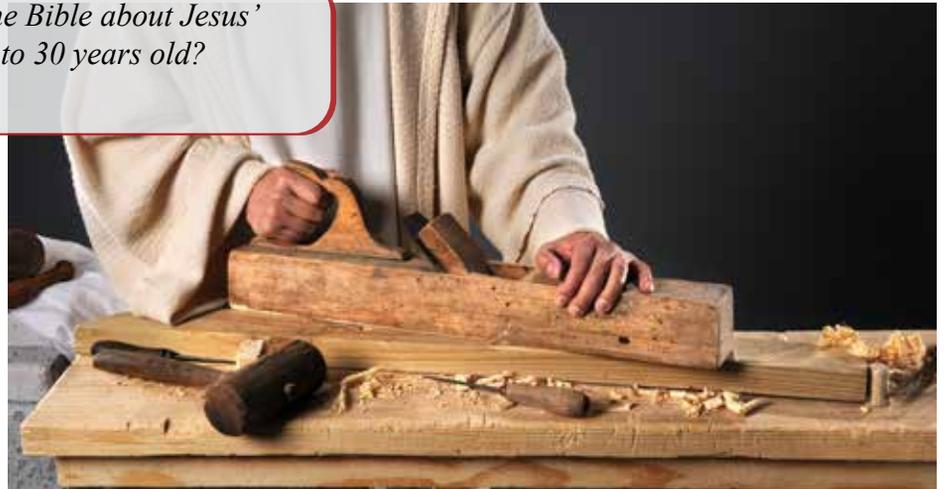
To answer this question and understand why none of the Gospel writers give us the details of most of Jesus' life, we must first understand the genre of the Gospels, in other words their type of literature.

Though Matthew, Mark, Luke and John are in some sense biographies, they differ from the type of biographies written in our own day and age. The Gospel authors were not concerned with notating every final detail of Jesus' life; their focus was on his work of salvation, on the reason for his coming as man: to redeem us and save us from our sins.

For example, Mark's Gospel gives no account whatsoever of Jesus' origins, divine or earthly. Instead, he begins with the work of St. John the Baptist and moves quickly to Jesus' own public ministry. Like the other Gospel writers, Mark focuses on Jesus' public ministry: his preaching and teaching, his miracles, and most importantly, his passion, death and resurrection.

This is certainly not to say that Mark and the other writers thought that what happened in that Nazareth home was without any meaning whatsoever; rather, their focus was on communicating the things Jesus said and did for our salvation. In other words, the Gospels should not be misunderstood as biographies in the modern sense. Rather, they should be understood as biographies with a definitive purpose: to tell us the Good News of Jesus Christ and the salvation he won for us.

It's worth noting another difference between the Gospels (along with other ancient biographies) and modern biographies, because it's the cause of some confusion. Catholics who read all four Gospels closely are sometimes surprised to see there are variations in the Gospels, particularly in the ordering of different events in Jesus' life. Understandably, this often leads to questions about the reliability of the Gospels. If, say, Matthew says A happened before B, but Mark says



B happened before A, doesn't one of them have to be wrong? Perhaps surprisingly, the answer is "no."

Just as ancient biographers (including our four evangelists) were not as concerned as modern biographers about noting every detail of the life of the person they were writing about, so too were they unconcerned about writing everything in the order in which it happened. The point, for ancient biographers, is to tell the truth about whatever their subject did, but in an order that serves some other purpose.

So in our case, Matthew, Mark, Luke and John are not asserting that Jesus did things *precisely in the order* they tell it, but they *are* asserting Jesus did all of these things. Let's return, now, to Jesus' "hidden" years.

There is another, deeper, more spiritual lesson to be drawn from the general absence of details regarding Jesus' childhood and early adulthood in the Gospels. Most of us are inclined to think that period of Jesus' life must have been extraordinary, literally. After all, even as a child, Jesus was the omnipotent creator of the universe, and surely he was as able to work miracles then just as he was as an adult.

And surely he must have shared the wisdom he had as the God-Man with his family and friends. In fact, most saints and scholars believe Jesus' "hidden life" was not extraordinary, but was in fact ordinary. Chances are he lived and grew up like any other Jewish boy in Nazareth, and he took up the trade of his earthly father, St. Joseph, and became a hard-working carpenter.

While this might seem somewhat dull and uneventful, it is in fact of great importance. By living a "normal" life, Jesus showed how valuable the "normal" life really is; as some put it, Jesus sanctified the ordinary kind of life that the vast majority of us live—he made it holy.

In other words, by dutifully living a "normal" life, Jesus revealed to us the great importance of that "normal" life. For we are called to follow the example set by our God and sanctify each moment of our own lives, no matter how mundane or normal it might seem.

For the Christian, greatness is defined not so much by our impact on world affairs but by the intensity with which we live each moment of our lives, by the degree to which we offer each moment of our existence to God and sanctify it. By excluding the early years of Jesus' life from the Gospels, the authors subtly teach us that the ordinary, "hidden" lives of each one of us are opportunities for holiness.

Be sure to check out the additional resources at [sfcatholic.org/answer](http://sfcatholic.org/answer).

If you have a question you need an answer to, email [rkranz@sfcatholic.org](mailto:rkranz@sfcatholic.org).

*Chris Burgwald holds a doctorate in theology and is the director of discipleship formation for the Diocese of Sioux Falls.*



# Tips to make your Lenten season fruitful

Lent is a time for us to walk with our Lord on his journey to Calvary. Since we do this every year, sometimes we need new ideas on how to make this penitential season fruitful. Here are some ideas to help get you started:

- Cover your statues and icons in purple for the last two weeks of Lent, just like we do in our churches.
- Learn about the spiritual and corporal works of mercy and grow in at least one of them. One of the most common spiritual works of mercy is to pray for others—living and dead.
- In a day and age where we're upset by every little inconvenience, change your mindset to thank God for the inconveniences (see Col. 3:17). Then take that suffering you thanked God for and unite it with Christ's passion and crucifixion (see St. Faustina's diary 309, 482).
- Pray the Stations of the Cross. You can pray the stations daily at home or at church.
- If you are adding extra time for adoration, ask your friends and family (either in person, via text or social media) if they have any intentions you can bring before the Lord.
- Make a Lenten commitment to pray for anyone who troubles or irritates you throughout the day.
- Abstain from something at each meal. It could be salt, mayo, ketchup, salad dressing, bread or dessert. St. Francis de Sales advised people to never leave the table without having denied themselves something.
- If you are fasting between meals, whenever a feeling of deprivation hits you, offer it up for a person or particular intention.
- If you are giving up something that costs money, such as your daily Star-



bucks or cigarettes, give that money you would have spent on yourself to the poor.

- Attend daily Mass once a week (or every day if you're able).

## WHERE YOU

## CREATE

## PRAY

## LEARN

## PERFORM

## EXCEL



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# Open your heart to the season of Lent



By Heidi Comes

Being raised evangelical, I had a lot of questions and misinformation about the Catholic Church. Right up there in the top five was Lent. The word did not exist in my vocabulary prior to being introduced to Catholicism. Although one part of Lent, the concept of fasting, was not foreign to me or outside of the practice of our faith, the Catholic level of fasting was uncharted territory.

I was raised on Scripture, backed up with more Scripture, and then sang songs in church that were Scripture set to music. I am eternally grateful for that. The word of God was hidden in my heart from a very young age, and in times of greatest joy or distress, I knew the powerful words of Jesus.

One of the many Scriptures I heard “on repeat” from the mouth of my father was Matthew 5:6, a portion of the beatitudes:

“Blessed are they who hunger and thirst for righteousness, for they will be filled.” Little did I know this verse would open wide my heart to the liturgical season of Lent.

The misinformation or misinterpretation I carried with me was that Catholics believed they had to suffer in order to earn their salvation. In my ignorance, I saw Lent as a long and drawn out attempt to outwardly show others that they were attempting to suffer alongside Christ in order to earn the right to joyfully celebrate Easter.

Thanks be to God that he is patient, loving and forgiving. And even more amazingly, he placed people in my life who embodied those same traits despite my misgivings and impertinent questions. It was a journey of understanding, one that continues to this day.

Just newly married, my husband suggested we give up television throughout the entirety of Lent. I’m sure my face said what my mouth did not—well, actually I’m sure my mouth said it too—“*Are you crazy?*”

That was over 20 years ago. And he was serious and a bit crazy, too. Since that time, television has been a family sacrifice offered almost every year. As devices changed and television became less of a draw, our approach has changed also. The intention remains the same: less of the world, more of Jesus.

When our kids were little, I would explain Lent to them as simply as I could, using references they could most relate to. The Disney movie “Cars” was wildly popular, so it seemed like a great choice. In one of the opening scenes of racing, Lightning McQueen arrogantly refuses to take the pitstop he’s being waved into. He can do it alone. He doesn’t need anyone or anything. Guess what happens? He blows a tire; he loses the race.

As Catholics, we are given this amazing blessing of a pitstop, a refueling prior to the holy celebration of Easter. Maybe not a perfect analogy, but it made giving up television a bit less painful and turned their eyes to the idea of victory, not defeat.

It is okay to hunger and thirst for righteousness. Jesus tells us that those who do so are blessed. Lent often feels like a time when both our spiritual and physical bodies are hungry. Because we were created body, mind and spirit, it only makes sense that a physical need could also represent a spiritual one.

As I have grown in my faith and in my appreciation for the beauty of Lent and all things Catholic, I cannot help but believe Jesus knew our physical hunger and thirst would draw us closer to him. And we would indeed be filled.

This is part of our journey but not the final destination. What can we do in this pitstop of Lent to better prepare ourselves for the beauty of Easter, for the life of the world to come? We don’t fast, pray, sacrifice and serve throughout Lent as a means to earn anything, but to draw deeper into relationship with our Lord and Savior.

My prayer is that each of you take the time to refuel and rotate your spiritual tires, so you may finish the race set before you.

“Therefore, since we are surrounded by so great a cloud of witnesses, let us rid ourselves of every burden and sin that clings to us and persevere in running the race that lies before us while keeping our eyes fixed on Jesus, the leader and perfecter of our faith” (Hebrews 12:1-2).

# Fr. Carlos Farfan and Br. Bryan Esquivias

This month we get to know two of the men from Pro Ecclesia Sancta (PES), Father Carlos Farfan and Brother Bryan Esquivias. Father Carlos is the superior at the Nazareth Formation House in Sioux Falls. He was ordained on December 11, 2004. He was born in Lima, Peru, and has two older sisters. Brother Bryan is in formation to become a priest with PES. He was born in the state of Jalisco in Mexico, grew up in California, and has two younger sisters.



## Q *Father Carlos, how did you get your call to the priesthood?*

Nobody in my family expected me to become a priest. Maybe just my grandma. She was praying for a son or for a grandson to become a priest. One of my uncles joined a seminary in Peru, but he stayed only a couple years, I think. And I think that she had a great influence in my vocation because the night when I was asked to call my family to announce my diaconate ordination, I asked my superior, "Father, what is the date so I can tell them when to come for the ordination?" And he said to me, "March 19, the feast day of St. Joseph."

Then I called my mom and she began to cry. I said, "What's going on? You must be joyful." Then she told me a tradition in the family that I didn't know, that every male, every son should be married on the feast of St. Joseph, according to my grandma.

This is significant because also I was ordained as a deacon on March 19. Then I thought, oh, maybe grandma was the one who intercede for me from heaven because I remember a couple times she tried to take me to Mass on Sundays, but you know what Mass? 6:00 a.m.

## Q *That's very early for almost anyone! How old were you and did you go to Mass?*

I was 7 or 8 years old. I said no way. But I remember she was fasting from the day before, from Saturday evening. She dressed with a veil, sometimes all black, she received communion and knelt, she stayed there. I was a little kid! I said, oh, this is too much. She's a fanatic. But then after many years I

understood what she was doing and for whom she was doing it.

## Q *Brother Bryan, how did you get your call to the priesthood?*

I was born in Mexico and at the age of 8, as a family we moved to California. We were raised Catholic, practicing Catholic since a young age. When I was about 13 years old, I was diagnosed with back problems. It was like a generational thing: my dad had it, my grandpa had it. And I was told that if I were to grow up to be an adult, I wouldn't be able to walk again.

I was invited to a healing Mass where the priest would come after Mass with the monstrance. And while he was coming by my bench, I reached over to touch his back. He turns around and covers me with the humeral veil as he was holding the monstrance in front of me. At the moment I just closed my eyes. I didn't feel anything for those 30 seconds. When I woke up, my mom was crying and she went up to the priest and she asked him, "Why did you cover my son?" And she told him, because God just healed him from his back.

## Q *That is incredible! What happened after that?*

A few weeks passed and my mom saw my back. She's like, "Bryan, is someone hurting you at school?" I'm like, "No, what's going on?" She showed me a picture. I have five scars across my back, and that's when she made the connection that God had healed me, and he decided to leave a strong mark on my back.

## Q *You never had back surgery?*

I haven't, no. Since then I haven't had any back problems. And now I'm an adult and I'm walking. God used

that over the years. People would tell me, I see you being a priest, and I would always deny. I wanted to have a family and kids. And then I was invited to a retreat my junior year in high school. While on the retreat, my youth minister gave me a book on discernment. And so I started reading the book, going through it over the next few months. I got to the chapter where it tells you the requirements to be ordained to priesthood, and one of those is to have all your limbs. You can't be disabled. You can't be missing a hand or something. And that's when it clicked that God had healed me so that I can become a priest for him. When I made that connection, I finally started to accept the call.

## Q *What are the two of you doing for the diocese?*

Fr. Carlos: we minister, especially the novices, at the campus ministry at O'Gorman Junior High School on the weekends, at least twice a month. We support the parishes in Mitchell, Holy Spirit and Holy Family, with Father Cesar and Father Yamato. We have also visited some parishes nearby.

## Q *Can any man interested in PES join your order?*

Fr. Carlos: It's open to anyone who is interested. You can call or email us, or visit [proecclesiasancta.org](http://proecclesiasancta.org) to find out more.

Curious about a particular religious vocation? Visit [sfatholic.org/vocations](http://sfatholic.org/vocations) to learn more about discerning God's call for your life.



# Supporting the **MENTAL HEALTH** of our youth

*By Laura Melius*

“Youth in our diocese, along with those in our country, may struggle with anxiety, depression, time management or being too busy, relationships and comparison,” Mary Weber, MS, LPC, LMFT clinical mental health counselor with The Lourdes Center (formerly Catholic Family Services), has observed.

This news is not surprising. According to the National Institute of Mental Health, an estimated 49.5 percent of adolescents aged 13-18 have experienced a mental health disorder. The causes of this are many, but Mary sees a pattern emerge with the misuse of social media. The immediate feedback it provides comes at a cost to young people.

“The youth have so much coming at them from a social media perspective and the culture of immediate responses, immediate answers and immediate reactions that there isn’t healthy time and space to reflect, pray, cultivate meaningful relationships, as well as lean into values and seek truth over comfort,” Mary says. “Discerning right from wrong and healthy from unhealthy takes time, and often youth feel they do not have the space to pause.”

Teresa Henrickson, LPC-MH, LPC, QMHP clinical director at The Lourdes Center, agrees. “With all of the messages coming at our youth, they can experience an interior pressure to conform to what they see or they may engage in negative self-talk, which may leave them feeling as though they are not enough, or that they don’t have what it takes. The combination of this pressure, overbooked schedules and feeling of immediacy can contribute to symptoms of anxiety and depression.”

Where can adolescents find and practice this essential time to pause?

“I always ask teens, ‘Who are two to five healthy people in your life that you have meaningful relationships with?’” Mary says. “All of us, especially youth, need people that will speak truth to them in a respectful and caring way.”

Adults can, in turn, help this communication by practicing helpful habits in listening and responding.

“Actively listen,” Teresa suggests. “Don’t problem solve within the first sentence; try to not immediately protect the person from what they are experiencing (unless safety is a concern). Instead, listen and then listen some more. Communicate with the person what you heard and understood. Lastly, ask if they would like suggestions or if they just wanted a listening ear. Healing can come when a person experiences being seen and heard.”

Healthy relationships and guidance can also be sought within parish life.

“I like to ask them if they feel connected to their church and what other ways help them feel closer to God so that they can hear his word,” Mary says.

This connection to one’s faith can look different for everyone. Mary has seen that some youth prefer attending youth group events, while others prefer having conversations with their peers or priests.

“I think when their Catholic faith can be their foundation, it helps put daily challenges into perspective. It doesn’t make the challenges go away, but they learn to respond to them in a healthy manner,” Mary explains. “Oftentimes, being reminded of what God wants for them and sees in them, versus some of the man-made challenges they are facing, can bring them clarity, comfort, hope, perspective and reassurance.”

When looking to parish life, communication with God in prayer is a habit that cannot be overlooked when seeking to make healthy decisions.

“Prayer is a pause, and one of the most magnificent gifts given to us by God,” Teresa says. “It requires a commitment on our part to build in space for prayer in our daily lives. Habit is developed by practicing it.”

Mary agrees. “Prayer is essential and integral on our faith journey, so creating space and encouragement, as well as having adults who model this themselves, is important.”

If a family would like assistance in navigating a mental health concern, nurturing relationships, or addressing other concerns, The Lourdes Center provides a welcoming place to help achieve those goals. A typical first session will be spent getting to know the person or family seeking counsel, what problems they are facing and what goals they would like to achieve. The ultimate goal of therapy is for the person seeking counseling to learn skills and find ways to solve their own problems. It is also to achieve wholeness and human flourishing and empower individuals to live integrated lives.

“It is an opportunity for an individual to unpack and make sense of their story, grow in their human understanding, and self-knowledge,” Teresa explains. “Counseling provides an opportunity for individuals to do work around areas of their life where

healing is needed. The presenting concern may be any combination of need: grief, trauma, hurting relationships, depression, anxiety, etc. Clinical counselors use their expertise to accompany individuals in their work of human growth and flourishing. Much of the work in counseling takes place outside of the counseling session as individuals integrate the work done in session into their daily life.”

Seeking professional counseling services should never be interpreted as a lack of faith, Mary emphasizes. “People can have faith and mental health challenges, just like people can have faith and physical illnesses, so I hope each person knows it is not a sign of weakness, but instead strength, to seek professional help if needed.”

Both women are encouraged by what they have witnessed by working with the young people in our diocese.

“I think we have AMAZING youth in our diocese, and I am excited about their energy and faith,” Mary says. “I would encourage each to keep fanning the flames of their faith so it keeps growing.”

By modeling healthy communication habits and living our faith, adults of our diocese can continue to provide support to our young people as they face difficulty and seek to grow in faith.

“I would encourage any youth to go to trusted members of the Catholic community to ask their questions, share their struggles, explore answers and seek hope,” Mary says.

Teresa concludes, “Our youth are a gift and they have been chosen by God to exist in the world. Their value is inherent to being born as a child of God through their baptism and not anything that they do or have done. They are a gift to their family, community, parish and diocese. Experiencing depression, anxiety, or another mental health struggle does not diminish that gift.”



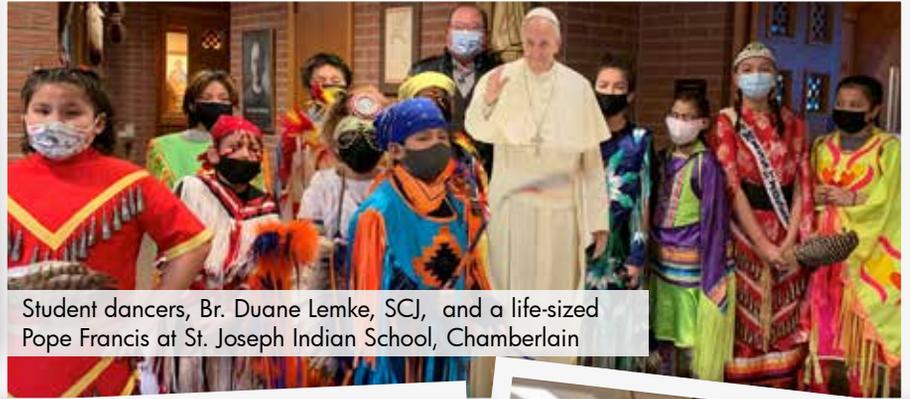
**Mary Weber , MS, LPC, LMFT clinical mental health counselor with The Lourdes Center.**

If you or someone you know could benefit from sharing your experiences with a counselor, contact  
The Lourdes Center  
**605-988-3775**

# Catholic Schools Week activates faith in youth



Roncalli Elementary students, Aberdeen



Student dancers, Br. Duane Lemke, SCJ, and a life-sized Pope Francis at St. Joseph Indian School, Chamberlain



Meals on Wheels packed by Roncalli students, Aberdeen



Father Thi shared his vocation story with elementary students and then put on a dance party (Sacred Heart, Yankton).



Middle school service project "Souper Bowl" Challenge had students at Sacred Heart (Yankton) collect 288 cans of food for the Contact Center.



## ENCOUNTER MINISTRIES

### APR. 29 - 30, 2022

### SCHOOL OF HEALING SACRED HEART CATHOLIC CHURCH

411 3RD AVE SE  
ABERDEEN, SD 57401

### SCHEDULE

Friday, April 29th

5:30pm - Registration

9:30pm - Evening Concludes

Saturday, April 30th

9:00am - Registration

10:00pm - Evening Concludes

### 7-10PM

### HEALING SERVICE

Saturday, April 30th

(The Healing Service is Free & Open to the Public)

COST: \$65

[encounterministries.us](http://encounterministries.us)

# Catholic Schools Raffle will wrap up soon

Organizers of the Catholic Schools Raffle, an annual fundraising program involving 86 Catholic schools since January 14, are hoping this year's results will be encouraging despite the many challenges school administrators have faced from COVID-19 challenges.

Catholic school students from across Minnesota and South Dakota have been selling raffle tickets since the middle of January and competing for top selling prizes and performance grants.

On March 10, winners and totals will be revealed during a prize ceremony streamed live online. The grand prize winner of the raffle will receive their choice of a brand new Ford Escape SUV or \$20,000 in cash; other winners will be selected for more than \$45,000 worth in prizes.

Schools are competing for additional per-



formance prizes which will be awarded by raffle sponsor Catholic United Financial.

Super Bowl champion and former Minnesota Viking Matt Birk returns for his fourth year as the master of ceremonies of the event. More than just a gridiron champ, Matt cleverly quips his way through the 40-minute ceremony

while sharing his passion for Catholic education and developing a healthy culture for youth sports through his 4HG program ([www.4hg.co](http://www.4hg.co)).

Other highlights during this ceremony will be: a dramatic banner drop of the grand total raised by all 86 schools, live interviews from raffle participants, the announcement of the top performing schools who will each receive \$3,000 grants, and the drawing of more than 40 prizes by lucky winners who bought tickets to support their local Catholic schools.

The Catholic Schools Raffle is the largest fundraiser for Catholic schools in the Upper Midwest and has raised over \$11 million for Catholic education since 2009.

Every year, sponsor Catholic United Financial underwrites more than \$100,000 to fund the raffle.

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each other, just as in Christ,  
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Ephesians 4:32

“Compassion allows you to see reality; compassion is like the lens of a heart: it allows us to take in and understand the true dimensions. In the Gospels, Jesus is often moved by compassion. And compassion is also the language of love.” Pope Francis

<https://www.vaticannews.va/en/pope-francis/mass-casa-santa-marta/2019-09/pope-francis-homily-casa-santa-marta-compassion.html>





**ABERDEEN** – Ray and Bernice Spiering celebrated their 55th anniversary on February 4. They have 2 children, 5 grandchildren and are members of St. Mary Parish.



**BRANDON** – Doug and Vicki Aaseng celebrated their 50th anniversary on February 19. They have 3 children, 11 grandchildren (1 deceased) and are members of Risen Savior Parish.



**BRANDON** – Harry and Bernice Blomgren will celebrate their 60th anniversary on March 3. They have 5 children, 16 grandchildren (1 deceased) and 5 great-grandchildren and are members of Risen Savior Parish.



**DANTE** – Richard and Dorothy Andersh celebrated their 65th anniversary on February 25. They have 8 children (2 deceased), 21 grandchildren and 25 great-grandchildren and are members of Assumption Parish.



**GEDDES** – Dave and Pat Slaba celebrated their 60th anniversary on February 14. They have 7 children, 15 grandchildren and 1 great-grandchild and are members of St. Ann Parish.



**IPSWICH** – Dennis and Lillian Denholm celebrated their 65th anniversary on February 23. They have 8 children, 26 grandchildren and 35 great-grandchildren and are members of Holy Cross Parish.



**MITCHELL** – Charles and Linda Bannwarth will celebrate their 50th anniversary on March 4. They have 3 children, 9 grandchildren and are members of Holy Family Parish.



**PLANKINTON** – Terry and Cindy Hoffman celebrated their 40th anniversary on February 13. They have 1 child and are members of St. John Parish.



**SIOUX FALLS** – Wes and Margaret Dunlap will celebrate their 40th anniversary on March 6. They have 3 children, 7 grandchildren and are members of St. Lambert Parish.



**SIOUX FALLS** – Dale and Marcia Dobberpuhl will celebrate their 40th anniversary on March 27. They have 3 children and are members of St. Katharine Drexel Parish.



**SIOUX FALLS** – Pet and Barb Mersch will celebrate their 50th anniversary on March 4. They have 3 children, 4 grandchildren and are members of St. Lambert Parish.



**TYNDALL** – Wayne and Arlo Schuurmans celebrated their 70th anniversary on February 25. They have 5 children, 14 grandchildren and 30 great-grandchildren and are members of St. Leo Parish.



**WATERTOWN** – Daryl and Beth Feilmeier will celebrate their 40th anniversary on March 13. They have 2 children, 7 grandchildren and are members of Holy Name of Jesus Parish.

## ANNIVERSARY SUBMISSION GUIDELINES

We accept anniversary submissions for the following anniversary years: 25, 30, 35, 40, 45, 50, 55, 60, 65, and 70. We include them in the issue of the month of the anniversary or the following month's issue. Submissions received for later issues will not be included.

Send a color photo, your anniversary information and a self-addressed, stamped envelope by **March 16** for inclusion in the April 2022 edition to:

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523 North Duluth Avenue  
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# Youth from White travel to the March for Life



The group in front of the U.S. Capitol.  
(Photos courtesy of Tammy Byers)

The St. Paul Parish (White) youth group traveled to Washington D.C. on January 19-23, 2022, with about 30 others from the Diocese of Sioux Falls to participate in the March for Life. It was an amazing experience advocating with so many people from across the country for an end to abortion.



Kirk Cameron of "Growing Pains" fame was one of the guest speakers and graciously took a picture with the St. Paul youth.



## Job opening: Elementary School Principal

Saint Joseph Catholic School, Williston, ND is searching for an Elementary Education Principal for the 2022-23 school year. Candidate is expected to advance the philosophy of Catholic education to give personal witness to the beliefs and practices of the Catholic faith.

Candidate must have a master's degree in education with a North Dakota Teaching Certificate and has (or is able to obtain) a Principal Credential. Salary ranges from \$70,000 to \$85,000, plus a \$10,000 signing bonus.

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[rkovash@bismarckdiocese.com](mailto:rkovash@bismarckdiocese.com)

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<p><b>SILENT RETREATS</b></p> <p><b>Men's Silent Retreats</b> March 17-20    November 17-20 September 15-18</p> <p><b>Women's Silent Retreats</b> March 3-6    October 6-9 March 31-April 3    November 3-6 June 16-19</p> <p><b>SPECIAL RETREATS</b></p> <p><b>Healing Retreats</b> <b>October 14-16, 2022</b> - directed by Fr. Scott Traynor</p> <p><b>Couples Retreat</b> <b>November 11-13, 2022</b> - directed by Ed &amp; Jen Hogan</p>	<p><b>DAY OF RECOLLECTION</b></p> <p><i>Broom Tree Days of Recollection begin at 10 a.m. and consist of conferences, time for Adoration, Mass, and an opportunity for the Sacrament of Reconciliation. The day ends in mid-afternoon. Because lunch is also served, we ask that you please register. A prayerful donation is requested.</i></p> <p><b>March 22, 2022</b> <b>"Saying Yes to God with Mary"</b> - directed by Fr. Jeff Norfolk</p> <p><b>April 19, 2022</b> <b>"Divine Merciful Love"</b> - directed by Dr. Teri Kemmer</p> <p><b>May 10, 2022</b> <b>"The Gift of Gratitude"</b> - directed by Fr. Joe Vogel</p> <p><b>June 21, 2022</b> <b>Day of Recollection</b> - directed by Fr. Christopher Cowles</p>
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# Sr. Rosaleen Dickes dies at 88

Sister Rosaleen Dickes, OSB, 88, died February 1, 2022. Mass of Christian Burial was celebrated February 4 at Bishop Marty Memorial Chapel. Burial was in the monastery cemetery.

Norma Jeanette was born to John and Agnes (Handorff) Dickes on February 14, 1933, on a farm near Fordyce, Nebraska. She was the fourteenth child of 16. Norma Jean went to St. John the Baptist Parish School in Fordyce and later Mount Marty High School.

Norma Jean entered Sacred Heart Monastery on August 20, 1950. She became a novice on June 28, 1951, and received the name Rosaleen. She made her perpetual profession on June 29, 1955. In her early years, Sister Rosaleen taught

at Polo, Epiphany and Sioux Falls, South Dakota and Hartington, Nebraska. Summers were spent working toward a college degree, graduating from Mount Marty in 1965.



Sr. Rosaleen Dickes

Sister Rosaleen also worked at Mount Marty in the business office until 1967. She was then asked to be subprioress and personnel director of the monastery. After another stint at Mount Marty as a career counselor, she completed a Clinical Pastoral Education program at

Seattle University. She served in the Pastoral Care departments at Avera Sacred Heart Hospital and Sister James Nursing Home/Majestic Bluffs from 1978 to 1981 and again in 1985 to 1995. She later returned to pastoral ministry in 2000 as a volunteer. During the years while on hiatus from pastoral ministry, she was the monastery formation director from 1981 to 1984 and hospitality coordinator from 1995 to 2000.

Sister Rosaleen was in the Monastery Schola and was a cantor.

Sister Rosaleen is survived by her Benedictine community and many nieces and nephews. She is preceded in death by her parents and all her siblings.

# Sacred Arts Series dates for 2022

The Sacred Arts Series has four concerts set for 2022 to be held at the Cathedral of Saint Joseph in Sioux Falls, providing a stunning setting to experience sacred music. Upcoming dates include:

- March 5, 7:30 p.m. - Con Brio Men's Chorus
- March 12, 7:30 p.m. - Vocal Ensemble Transept
- March 19, 7:30 p.m. - The University of Sioux Falls Concert Chorale
- April 7, 7:00 p.m. - Inaugural concert for a new cathedral organ

For ticket sales and details, visit [stjosephcathedral.net/sacred-arts-series](http://stjosephcathedral.net/sacred-arts-series).

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# Gift of Hope Concert returns for 2022

The Gift of Hope Concert, presented by the Catholic Community Foundation for Eastern South Dakota, is back for 2022 and will feature a band many will be familiar with: the Christian group Unspoken. The evening kicks off at 7 p.m. on Saturday, March 26 at the O’Gorman High School Performing Arts Center in Sioux Falls.

Proceeds from this annual event benefit the Gift of Hope Fund, which provides support for programs offered through The Lourdes Center (formerly Catholic Family Services) that support human flourishing in times of grief, uncertainty and transition.

## About Unspoken

When you ask the guys in UNSPOKEN what it is their audiences most connect with, they’ll bring it down to a single word. But it’s not a word born of the smooth, soul-edged pop sound they’ve built from skilled musicianship, adventurous production and complex vocal

harmonies. It’s also not something directly rooted in the international influences of the band (guitarist Mike Gomez hails from the Dominican Republic and drummer Ariel Munoz from Puerto Rico). It isn’t even a quality anchored in the success of their first Centricity Music album which sold more than 100,000 copies, spawning four top 10 singles and a number one as well.

The strong bond that seems to turn Unspoken listeners into fans as it turns out, isn’t about the music alone. Instead, it’s about their willingness to take the stage together night after night and to put their hearts and lives on display with a raw and engaging honesty; an honesty expressed in conversation and song. In a word, the band says, the connection they have with their audience is about *transparency*.

“People just relate better to somebody who has been broken and redeemed,” Mike Gomez notes, “than to someone who pretends to have it all together. What we

say from the stage and what we say in our songs, they’re not stories from somebody we heard about. Our songs are written out of places we’ve been and places we are.”

“I don’t think we ever expected we were going to reach as many people as we’ve been able to reach. The fact we’ve been able to speak into millions of people’s lives is crazy,” Chad Mattson, lead vocalist for Unspoken, said. “Thinking back 13 years to when I was dealing with drugs and alcohol in a very serious way, to think I would one day have a wife and kids and a solid family and home life and then be playing music for a living—God is surely able to do more than we ask or imagine. Something we’ve often said to each other in the last few months is ‘Look what the Lord has done.’ He’s just opened doors we didn’t think could be opened.”

## Want to know more?

To purchase tickets or learn more about the concert or becoming a sponsor, visit [ccfesd.org/events/gift-of-hope](http://ccfesd.org/events/gift-of-hope).



## THE LOURDES CENTER

A CATHOLIC APPROACH TO HUMAN FLOURISHING

With great joy, we share that as of February 11th, 2022, Catholic Family Services has officially been renamed, *The Lourdes Center!*

The healing water that flows from the small grotto in Lourdes, France, has become a profound conduit of hope and healing to the world. It was in that small grotto that Our Lady appeared to Saint Bernadette in 1858. As an agency, Catholic Family Services has experienced a deep call to step more boldly into God’s work of offering hope and healing to the world. In responding to this call, it was clear that we were to come under the Patronage of Our Lady of Lourdes through whom Christ has revealed His immense power to heal!

**Recitation of the rosary**

**Friday, March 4** - The rosary is recited for the faithful departed on the first Friday of the month at 10 a.m. in St. Michael Cemetery in Sioux Falls.

**Friday Fish Fry during Lent**

St. Joseph Parish, Grenville, is hosting all you can eat fish fries from 5-7:30 p.m. March 4, 11, 18 and 25, and April 1 and 8. Cost for 12 and up is \$15, 8-11 is \$8, 7 and under eat free. Menu includes pollock, shrimp, cheesy hashbrowns, baked potatoes, coleslaw, salads, fresh baked bread, homemade desserts, coffee and lemonade. Weekly kid's prizes, 50/50 drawing, gun raffle.

**Search for Christian Maturity Retreat**

**March 4-6** - Registration is open for the March Search for Christian Maturity Retreat held at Holy Spirit Church in Sioux Falls. Search is a student-led, Roman Catholic retreat. The weekend features talks, skits, music and opportunities to encounter Christ in the sacraments. All high school, college-age students, and adults are welcome and encouraged to attend. Please contact us by phone 605-371-1478 or by email [SiouxFallsSearch@gmail.com](mailto:SiouxFallsSearch@gmail.com). Visit the Search website for more information and to register. [www.siouxfallssearch.org](http://www.siouxfallssearch.org).

**Catholic Daughters Potato Bake/Sioux Falls**

**March 15** - The Catholic Daughters Court St. Patricia will host an Irish Potato Bake and Bingo event Tuesday starting at 6 p.m. at the Cathedral of Saint Joseph Hall. All are invited. For reservations, call Pat at 605-351-5217.

**Revival Conference coming to Brookings**

**March 25-26** - Mission Blueprint is hosting "Revival," a two-day conference that helps attendees experience the Holy Spirit. It will include talks from Father Jeff Norfolk and Glen Gauer, testimonies, music ministry and prayer ministry. Held at the Pius the XII Newman Center in Brookings. For more information and to register, go to [www.mission-blueprint.org/revival](http://www.mission-blueprint.org/revival). Questions: [Glen@mission-blueprint.org](mailto:Glen@mission-blueprint.org) or call 605-651-0313.

**Dell Rapids School carnival and auction**

**March 27** - Dell Rapids Catholic Schools will host a carnival and auction Sunday at the school. Carnival and lunch begin at 11 a.m. and the live auction begins at noon. Carnival games, food, raffles, prizes, unique auction items, and fun for all ages. Online auction begins March 20 at <https://events.charityauctionstoday.com/auctions/SMCS2022-28940>. Follow St. Mary Catholic School Carnival and Auction on Facebook for more information and updates.

**Catholic Daughters Luncheon/Tea**

**April 9** - The Catholic Daughters St. Christina Court 2336 presents a salad luncheon and card/game party Saturday from 11:30 a.m.-3 p.m. at St. Nicholas Parish, 140 W Brian St, Tea, SD. Tickets are \$12 per person. Reservations available by calling Diane at 605-360-4679 or Jeri at 605-359-4068.

**Catholic Daughters Luncheon/Sioux Falls**

**April 30** - The St. Michael and St. Katharine Drexel parishes Catholic Daughters Court Mother Teresa presents the "Tour of Tables" spring luncheon, Saturday from 11:30 a.m.-1:30 p.m. at the St. Michael Parish multi-purpose room in Sioux Falls. Tickets are \$10 for adults, \$5 for youth and under 4 years are free. Reservations for groups of four or more are available by calling 605-366-2563. Tickets are available at the door or St. Michael and St. Katharine Drexel parish offices after April 14.

**Family Camp at Broom Tree**

**June 24-27** - Join us for an all-inclusive Family Camp experience! This camp, directed by Sean and Jenn Dalton and Father Scott Traynor, offers your family a great opportunity to get away from the busyness and distractions of daily life to grow together in your relationship with each other and with God. The weekend begins June 24 at 5 p.m. and ends June 27 at 1:30 p.m. For information on costs and to register, go to [broom-tree.org](http://broom-tree.org) or call 605-263-1040.

**The Lourdes Center**

**Camp Sydney** - The Lourdes Center will be offering a Grief Camp for youth and their families at Broom Tree Retreat Center beginning at 6 p.m. June 10 until 11 a.m. June 12. This two-day camp will include fun activities, discussion and support. The Grief Camp is offered free of charge. Call 605-988-3775 for more information.

**Notices**

The DISC Mission Grant application forms for 2022 are now available. Any mission or Catholic organization in the national or international community may apply. Past grants have ranged from \$250-\$1,000. The grant application is now an online-only application and is due April 30. Please list Dawn Wolf in the DISC Member Name field and the Catholic Diocese of Sioux Falls in the DISC Member (Arch) Diocese field. You can find the application at <http://www.discinfo.org/membership/bishop-richard-pates-mission-grant/>. Grants are typically awarded in mid June to early July.

**Parish Dinners/Socials**

**March 4:** St. George Parish in Hartford is hosting a fish fry on Friday from 5-7:30 p.m. Located at the Parish Center at 408 S. Western Ave, Hartford, SD. Free-will offering.

**March 6:** St. Peter Parish in Colman is hosting a pancake breakfast in memory of Sandy Entringer and Gary Hemmer Sunday from 9:30-11 a.m. in the parish hall. Menu includes pancakes, sausage, scrambled eggs, juice and coffee. Dine-in, carry-out or curbside pickup. Free-will offering for the St. Peter youth group.

**Epiphany Parish supper plans changed**

The Church of Epiphany will not host their sausage supper this year. They will be making Epiphany sausage to sell. Sausage will be made on Saturday, March 12. More details to come. Follow Epiphany Sausage Supper on Facebook or contact Kelli Endorf at 605-999-3305 for more information.

**March 20:** St. Patrick Parish in Montrose is hosting a ham dinner Sunday from 11 a.m.-1 p.m. at the church hall. Preschool and younger are free, K-6 grade are \$5, 7 grade and older are \$10. Family price (parents and children up to grade 12) is \$40. Free valet parking. Carry-out orders available.

**Sacred Heart Monastery**

**March 4** - Online Lectio Divina, Fridays, March 4, 18, 25, April 1 and 8 10-10:45 a.m. Meet online for Lectio Divina, a time for praying with the Gospel of the following Sunday. To register any time, contact group leader, Sr. Penny Bingham OSB at [pbingham@yanktonbenedictines.org](mailto:pbingham@yanktonbenedictines.org) 605-668-6023. Include your email address.

**March 5** - Lenten Retreat. Mark your calendars for our online Lenten retreat, Journey to Inner Freedom, Saturday, 9:30-11:30 a.m. More information and registration form at [yanktonbenedictines.org/online-lenten-retreat](http://yanktonbenedictines.org/online-lenten-retreat) or 605-668-6292.

**March 7** - Registration deadline for Online Lenten Scripture groups. The 7-8:30 p.m. Wednesday group, beginning March 9, focuses on the Gospel of Luke; the 9:30-11 a.m. Wednesday group, beginning March 16, will discuss the Book of Exodus. Go to [yanktonbenedictines.org/online-scripture-study-offerings](http://yanktonbenedictines.org/online-scripture-study-offerings) for more information about cost and ordering books.

**March 19** - Monthly Contemplative Mornings. Meeting usually the third Saturday of the month, 9-11:15 a.m. Contact Sr. Doris at [doberembt@yanktonbenedictines.org](mailto:doberembt@yanktonbenedictines.org) 605-668-6022. [yanktonbenedictines.org/retreats-contemplative-mornings](http://yanktonbenedictines.org/retreats-contemplative-mornings).

**CATHOLIC**  
**Views**  
 CATHOLIC DIOCESE OF SIOUX FALLS

**JOIN US**  
**SUNDAY**  
**MORNINGS**

7:30AM - 1510AM KMSD - MILBANK  
 8:00AM - 1320AM KELO - SIOUX FALLS  
 8:30AM - 94.5FM KGWD - SIOUX FALLS  
 8:30AM - 91.3FM KSTJ - HARTFORD  
 9:00AM - 88.9FM KSJP - ABERDEEN  
 9:30AM - 930AM KSDN - ABERDEEN

OR ANYTIME ONLINE AT [SFCATHOLIC.ORG/CATHOLIC-VIEWS](http://SFCATHOLIC.ORG/CATHOLIC-VIEWS)



THE BISHOP'S  
**BULLETIN**  
 Catholic Diocese of Sioux Falls

22ND ANNUAL  
**Gift of Hope**  
 Concert

**SATURDAY**  
**MARCH 26<sup>TH</sup>**

**7:00 PM**

Bishop O'Gorman  
 Performing Arts Center  
 Sioux Falls, SD



A charity event benefiting  
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