DAILY EXAMEN

1. GRATITUDE
WHAT ARE YOU GRATEFUL FOR FROM TODAY?

2. PETITION
ASK GOD TO MAKE THIS EXAMEN PRAYER FRUITFUL

3. REVIEW
REVIEW YOUR SPIRITUAL EXPERIENCE OF THE DAY

4. FORGIVENESS
ASK FORGIVENESS OF GOD FOR YOUR FAILINGS

5. RENEWAL
LOOK AHEAD TO TOMORROW AND PLAN SPECIFICALLY HOW YOU WILL RESPOND TO GOD'S CALL TO GROWTH

Date: _____

LIST ONE OR MORE CONCRETE SPIRITUAL INITIATIVES FOR TOMORROW

1. _____

2. _____

3. _____