

## Facts

- Children and youth react differently to loss than adults and it is important to realize that they are grieving a loss as well
- Each child and youth will grieve the loss of a loved one in different ways; no two people will grieve the loss of the same loved one in the same way
- Feeling sad, frightened, angry or lonely are normal reactions to loss
- Crying is a normal response to loss, but it is not the only one. There is no single right way to feel, and no single right way to express what you're feeling

## Grief Camp Date for 2021:

June 18-20, 2021

Check in starting at 6:00 pm Friday

Through Sunday 11:00 am

for Youth 7-17 years located

at BroomTree, Irene SD

### **Parents/Guardians:**

Please call the Sioux Falls Office

For more information or

questions at

1-800-700-7867

605-988-3775 or email

[cfs@sfcatholic.org](mailto:cfs@sfcatholic.org)

## Catholic Family Services

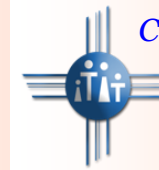
523 N Duluth Avenue

Sioux Falls SD 57104

[www.SFCatholic.org/CFS/CampSydney](http://www.SFCatholic.org/CFS/CampSydney)

- ***It is vital for parents/caregiver to be present at the camp, so that we can help guide you and them through this process.***

*This program is non-denominational and there is no charge for participation.*



Catholic Family Services

523 N. Duluth Avenue  
Sioux Falls SD 57104

CAMP  
SYDNEY

A Grief Camp for Children,  
Youth and their Families

Presented by

Dr. Marcie Moran

Mary Weber MS.LPC,LMFT

Christy VanderWoude MSW,CSW





### Why a Grief Camp...

This fun filled camp for children, youth and their families will be provided by Catholic Family Services and is designed to be an educational and experiential camp for coping with the death of a loved one.

*"It is important for children to recognize and express feelings of grief.*

*Children need a continued sense of hope and healing for the future as they experience behavioral changes during their period of grieving. "*

Dr. Marcie Moran  
Director, Catholic Family Services

There is no time limit to grieving, so whether it's been 2 months or 10 years since the loss of a loved one, all are welcome to join in learning how to adjust and cope with the loss.

### What to expect...

This camp is for children and youth that have experienced the loss of a loved one. In age related groups, the children will have an opportunity to share their grief experiences and learn that they are not alone in their feelings.

Throughout the weekend, children and youth will learn about topics related to the grieving process. Understanding and reaction varies depending on age and developmental level of each child.

Expression of feelings with activities and stories will be part of the camp.



While children/youth are attending camp, parents will attend a grief program with Dr. Marcie Moran .

Each family will have their own cabin for the weekend of camp.



**PLEASE NOTE:** Parents and/or Caregivers , a counselor will be mailing information out to you prior to the beginning of the Children's Grief Camp.

## Grief Camp Registration

June 18-20, 2021

Shirt Size (for Children only)

Child- S  M  L  XL

Adult- S  M  L  XL

Parent's Name (s):  
\_\_\_\_\_

Child's Name: \_\_\_\_\_

Address \_\_\_\_\_

City/State/  
Zip \_\_\_\_\_

Phone: \_\_\_\_\_

E-mail: \_\_\_\_\_

Parent/Guardian attending \_\_\_\_\_

Relationship to child \_\_\_\_\_

\*\*\* There is no charge for the camp.

Mail Registration to:

Catholic Family Services  
Attn: Camp Sydney  
523 N. Duluth Avenue  
Sioux Falls, SD 57104  
Or  
e-mail: cfs@sfcatholic.org